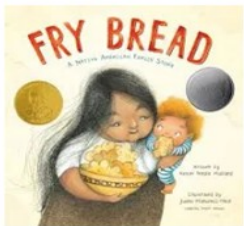


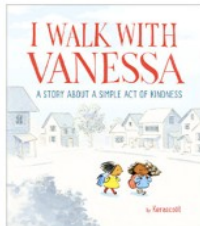
Peace-ology

with Caren Stelson, Ellie Roscher and Renee Dauk-Bless

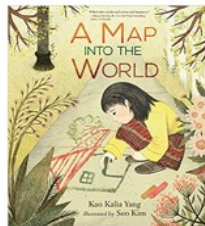
Recommended Picture Books



Respecting your history



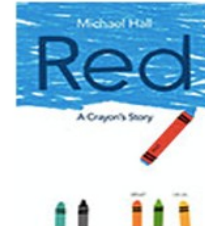
Ripple effect of kindness



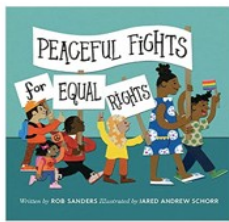
Generous compassion



Power of empathy



Understanding & acceptance



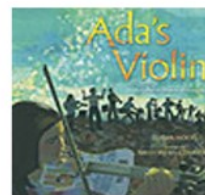
Working for justice



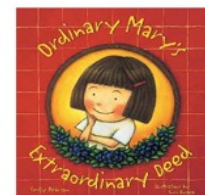
Deep listening



Crossing boundaries



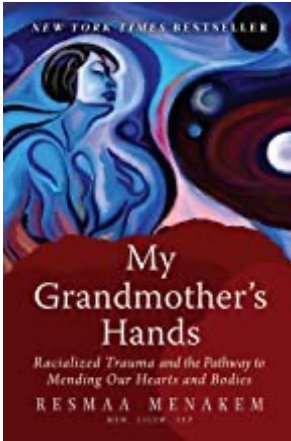
Environmental peace



Taking small steps towards peace

- *Fry Bread* by Kevin Noble Millard, illustrated by Juana Martinez-Neal
- *I Walk with Vanessa* by Kerascoet
- *A Map into the World* by Kao Kalia Yang, Illustrated by Seo Kim
- *Sofia Valdez Future Prez* by Andrea Beaty, illustrated by David Roberts
- *Red: A Crayon's Story* by Michael Hall
- *Peaceful Fights for Equal Rights* by Rob Sanders, illustrated by Jared Andrew Schorr
- *The Phone Booth in Mr. Hirota's Garden* by Heather Smith, illustrated by Rachel Wada.
- *The Other Side* by Jacqueline Woodson, illustrated by E.B. Lewis
- *Ada's Violin* by Susan Hood and Sally Wern Comport
- *Ordinary Mary's Extraordinary Deeds* by Emily Pearson, illustrated by Fumi Kosaka

Transformational References for Teachers



My Grandmother's Hands

Racialized Trauma and the Pathway to Mending Our Hearts and Bodies

by Resmaa Menakem

Resmaa Menakem is a trauma therapist who does work called somatic abolition. He invites us to engage in peace work at the body level by more fully inhabiting our bodies. Regardless of our race, we all carry racialized trauma in our bodies that is inherited from our ancestors and layered from our lives. *My Grandmother's Hands* explores how we hold trauma in our bodies and equips us with self-soothing body practices and journal prompts so we can create more capacity in our bodies to be in community working toward peace. It is a powerful book to work through slowly alone or in trusted groups.

Picture Book Peace Library

Oak Crest Elementary School, Belle Plaine, MN

Picture Books

Each Kindness by Jacqueline Woodson as an anchor text for *all* classrooms.

Additional titles available in Media Center

PeaceMaker MN Grantt



As an integral part of our Great Kindness Challenge at Oak Crest, I chose to purchase copies of these picture books through a grant from PeaceMaker MN as a permanent resource for students and staff at our school. All of these titles help promote the important ideas of peace, kindness, and compassion. Each Kindness, by Jacqueline Woodson, became our “anchor text”: every classroom, including homeroom teachers, special education, our social worker, and even our principal, has a copy of this text to display in their room. During the Great Kindness Challenge week, we devoted one particular day to an “all school read” and discussion of Each Kindness. All of the additional book titles you see below are now part of our school’s Media Center collection and are available for check out at any time.

- *Each Kindness* by Jacqueline Woodson, illustrated by E. B. Lewis
- *A Bowl Full of Peace* by Caren Stelson, illustrated by Akira Kusaka
- *The Power of One* by Trudy Ludwig
- *The Three Questions* by Jon Muth
- *I Am Human* by Susan Verde, illustrated by Peter Reynolds
- *I Am Peace* by Susan Verde, illustrated by Peter Reynolds
- *Kindness: Pass It On* by Riley Preston
- *Lend a Hand: Poems About Giving* by John Frank, illustrated by London Ladd
- *The Invisible Boy* by Trudy Ludwig
- *Be Kind* by Pat Zietlow Miller, illustrated by Jen Hill
- *Peaceful Pieces: Poems and Quilts about Peace* by Ana Grossnickle Hines

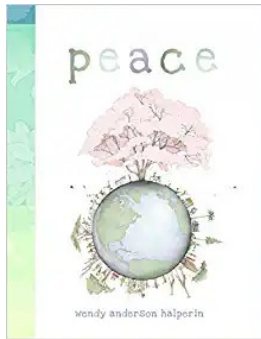
Peace-ology Articles

A series by Ellie Roscher and Caren Stelson

Peace themes, Picture Books and Accompanying References for Adults

Ellie Roscher and Caren Stelson wrote a series of themed articles that combine featured picture books with references for adults to help both children and adults process the meaning of peace in their lives. Articles in full can be found on each of the author websites of [Caren Stelson](https://www.carenstelson.com)¹ and [Ellie Roscher](https://ellieroscher.com).² Below is an index of the series.

Theme: “Reading through the Lens of Peace”

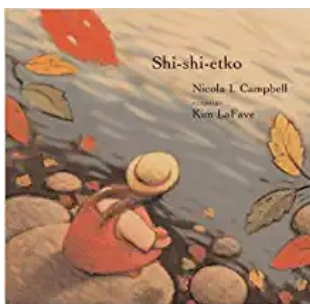


Featured

Peace

by Laurie Anderson Halperin

Theme: “Knowing Your Past to Make Peace”



Featured

Shi-Shi-Etko

by Nicola Campbell

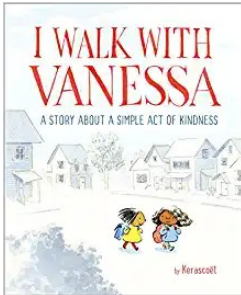
Reference for Adults:

- *Healing Minnesota Stories* by Jim Bear Jacobs

1 <https://www.carenstelson.com/articles/articles.html>

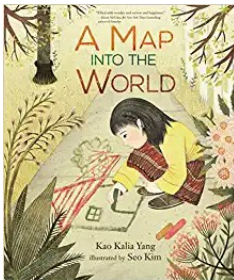
2 <https://ellieroscher.com/writing/peaceology/>

Theme: “Peace and the Sense of Belong”

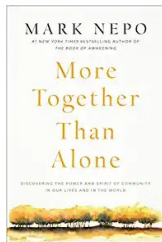


Featured

I Walk with Vanessa
A Story of Simple Acts of Kindness
by Kerascoet



A Map into the World
by Kao Kalia Yang
Illustrated by Seo Kim



Reference for Adults

More Together Than Alone
Discovering the Power and Spirit of Community in
Our Lives and in the World
by Mark Nepo

Theme: “Compassion and Empathy in Peacemaking”



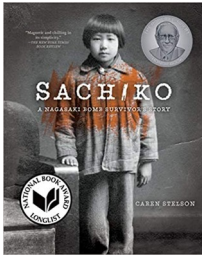
Featured

Sofia Valdez, Future Prez
by Andrea Beaty
Illustrated by David Roberts

Reference for Adults:

- Mark Yaconelli- [The Hearth Community: Building Community One Story at a Time](#)

Theme: “War and Peace”

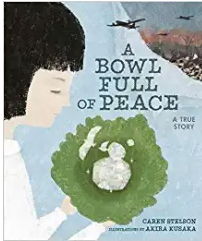


Featured Y/A Book

Sachiko

A Nagasaki Bomb Survivor's Story

by Caren Stelson



Featured Picture Book

A Bowl Full of Peace

by Caren Stelson

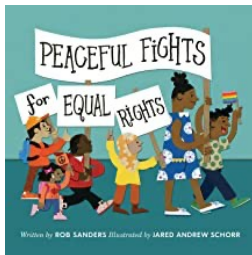
Illustrated by Akira Kusaka

Listen to Akira Kusaka speak about his illustrations for *Bowl Full of Peace* at carenstelson.com/books/bk_bowl.html

Reference for Adults:

- *A New Peace Paradigm: Our Human Needs and Our Tangles of Trauma* by Paul Chappell

Theme: “No Justice. [No Action.] No Peace.”



Featured Picture Book

Peaceful Fights for Equal Rights

by Rob Sanders

Illustrated by Jared Andrew Schorr

Other picture books

- *Our House Is on Fire: Greta Thunberg's Call to Save the Planet* by Jeanette Winter
- *Preaching to the Chickens: The Story of Young John Lewis* by Jabari Asim, illustrated by E. B. Lewis

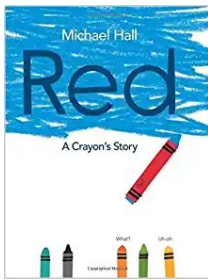
Y/A books

- *I Am Malala: How One Girl Stood Up for Education and Changed the World* by Malala Yousafzai and Patricia McCormick.
- *Never Again: The Parkland Shooting and the Teen Activists Leading the Movement* by Eric Braun.

References for Adults

- Center for Documentary Studies at Duke University, “Scene On Radio”
 - Listen to “S4 E10: “Schooled for Democracy”
 - “Together, You Can Redeem the Soul of Our Nation,” by John Lewis, *New York Times*, July 30, 2020.
 - “The State of Civics Education,” Sarah Shapiro and Catherine Brown, Center for American Progress, Feb 21, 2018.
 - “Just Exactly What Is Civics Education?” Paul Baumann, *EdNote*, Feb 11, 2015
 - Generation Citizen and Teaching Tolerance.
-

Theme: “Naming Your Labels”

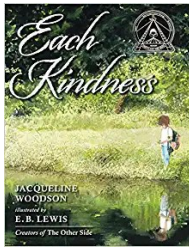


Featured Picture Book **Red: A Crayon's Story** by Michael Hall

References for Adults:

- “When I Was a Boy”, A Song by Dar Williams
- Scene on Radio Podcast: Season 3, Episode 10: The Juggernaut

Theme: “The Kindness Factor”



Featured Picture Book

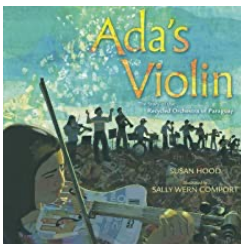
Each Kindness

by Jacqueline Woodson
Illustrated by E.B. Lewis

References for Adults:

- *Emotional Intelligence* by Daniel Goleman
- *Peace of Mind-Curriculum for 3-5* by Linda Ryden www.TeachPeaceofMind.com
- Emory University, SEE Learning (Social, Emotional, Ethical) www.seelearning.emory.edu

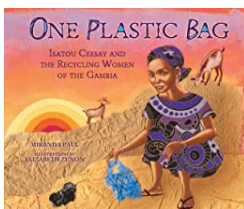
Theme: “Eco-Peace, Reimagining the Possibility”



Featured Picture Book

Ada's Violin

by Susan Hood and Sally Wern Comport



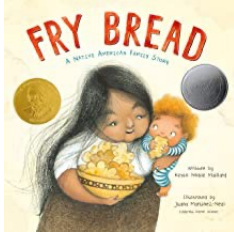
One Plastic Bag

by Isatou Ceesay and the Recycling Women of the Gambia

References for Adults:

- 60 Minutes – Ada's Recycled Orchestra <https://www.youtube.com/watch?v=YxUuKthY1dQ>
- Make Mats Out of Used Plastic Bags - <https://www.youtube.com/watch?v=5JNe-hceosY>

Theme: “The Alchemy of Fry Bread: Peace as Seeing the Deliberately Dismissed



Featured Picture Book

Fry Bread

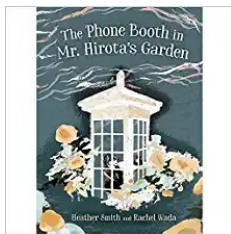
by Kevin Noble Millard

Illustrated by Juana Martinez-Neal

References for Adults

- “Cultural Iceberg” models to explore surface culture and deep culture
- [Publisher’s Weekly interview of Kevin Noble Millard](#)
- *Playing Indian* by Philip J. Deloria
- “[The Danger of a Single Story](#)” 2009 TED talk by novelist Chimamanda Ngozi Adichie,

Theme: “Finding Peace While Grieving”

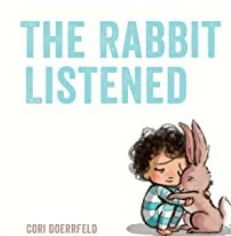


Featured Picture Book

The Phone Book in Mr. Hirota’s Garden

by Heather Smith

Illustrated by Rachel Wada



The Rabbit Listened

by Corrie Doerrfeld

Resources for Adults:

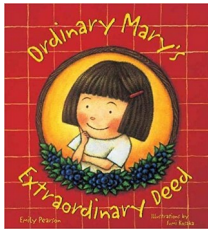
- [This American Life Podcast of the story](#)
- [“A 12-Year-Old’s Letter to her Post-pandemic Self,”](#) New York Times, Dec. 30 ,2020
- *My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem



My Grandmother’s Hands **Racialized Trauma and the Pathway to Mending Our Hearts and Bodies** by Resmaa Menakem

Resmaa Menakem is a trauma therapist who does work called “somatic abolition.” He invites us to engage in peace work at the body level by more fully inhabiting our bodies. Regardless of our race, we all carry racialized trauma in our bodies that is inherited from our ancestors and layered from our lives. My Grandmother's Hands explores how we hold trauma in our bodies and equips us with self-soothing body practices and journal prompts so we can create more capacity in our bodies to be in community working toward peace. It is a powerful book to work through slowly alone or in trusted groups.

Theme: “Tiny Steps Towards Peace”



Featured Picture Book

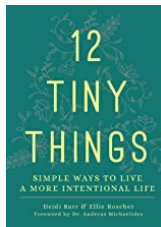
Ordinary Mary's Extraordinary Deed

by Emily Pearson

Illustrated by Fumi Kosaka

Resources for Adults:

- Photos and story of inspirational “Senbazuru,” traditional Japanese origami folded cranes strung together at Abbott Northwestern Hospital, Minneapolis, MN.
- [Online instructions to fold paper cranes](#)
- *12 Tiny Things* by Heidi Barr and Ellie Roscher, small daily acts to transform the heart and community & [12 Tiny Things online resources](#)

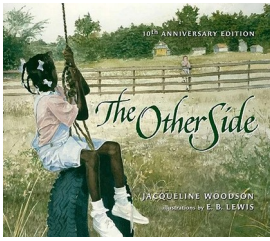


12 Tiny Things

Simple Ways to Live an Intentional Life

by Heidi Barr and Ellie Roscher

Theme: “Compassionate Listening Deconstructs Fences”



Featured Picture Book

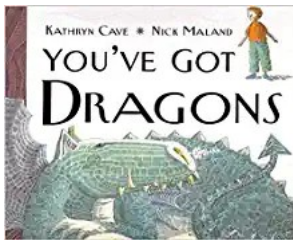
The Other Side

by Jacqueline Woodson
Illustrated by E.B. Lewis

Resources for adults:

- Judy Atkinson’s Ted Talk, “[The Value of Deep Listening.](#)”

Theme: Big Worries in Little Bodies



Featured Picture Book

You’ve Got Dragons

by Kathryn Cave
Illustrated by Nick Maland

Resources for Adults

- Brene Brown, Ted Talk, “[Listening to Shame](#)”
- *My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem